University of Missouri



Clark County 2017

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VICE CHANCELLOR'S OFFICE



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December 4, 2017

Dear County Commissioners and Friends of MU Extension:

For much of the past year, MU Extension was focused on a long-overdue assessment of statewide needs and a deep look at how we respond to these needs with programs and resources.

We crisscrossed the state to gather input from 42 community conversations with 1,200 people and reviewed analysis and recommendations from a range of external experts. As a result, MU Extension is working on a variety of changes in the interest of providing better university engagement with your communities.

We are steadfast in our resolve to help local communities and the state meet grand challenges associated with economic opportunity, educational excellence and healthy futures. These challenges reflect what Missourians from every corner of the state told us they were most concerned about.

As you read your county's annual MU Extension report, I believe you will be pleased to see the results that have been accomplished through county-based University of Missouri faculty. These faculty members work in response to input received from local extension councils.

At the state level, local MU Extension efforts really add up. Though we have long known extension funds were leveraged, an independent review revealed that MU Extension created more than \$945 million dollars of public value from the \$80 million it received from federal, state, county, grant and contract partners. A public value ratio exceeding 11:1 even surprised us.

As we go about implementing changes based on the recently completed needs assessment and review of our organization, I am confident that our ability to create value at the local level will be even greater.

I encourage you to read the attached annual report from your MU Extension county center to gain an understanding of how MU Extension has worked this past year to serve your community.

Your support of MU Extension and your efforts in your community is greatly appreciated. As always, I welcome input on how the University of Missouri can better serve your community and its people.

Sincerely,

Warshall Hevad

Marshall Stewart, Ed.D. Vice Chancellor for Extension and Engagement

University of Missouri, Lincoln University, U.S. Department of Agriculture and Local Extension Councils Cooperating EQUAL OPPORTUNITY/ADA INSTITUTIONS

Extension

CLARK COUNTY UNIVERSITY OF MISSOURI EXTENSION COUNCIL

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Mike Scott, Chairman **District 3** Michelle Ebeling, Vice-Chairman District 6 Donna Flood, Secretary District 5 Joe Thomson, Treasurer City of Kahoka **Kim Shuman** District 1 Laura Babington District 1 Dani Waterman District 2 Alice St. Clair District 2 Leellen Schultz **District 3** Roberta McAfee District 4 **Kenny Sowers** District 4 Kent Kirchner District 5 **Esther Justice** District 6 David Hess MFA Wesley Parrish Farm Bureau **Buddy Kattelmann County Court**

December 30, 2017

Dear Commissioners and Citizens:

University of Missouri Extension has been serving the citizens in Clark County since 1933. In that time Extension has worked to improve the quality of life for the people here and will continue this effort in the future.

This Annual Report of the Clark County University of Missouri Extension Council is a summary of educational programs and activities of University Extension, which is a part of the University of Missouri System. In addition to the educational programs we offer locally, our office provides a place to link to resources from around the state and nation. We also offer many services including soil, feed and hay testing, insect and plant identification; and a wealth of publications, to name a few. Through programs in 4-H, youth, agriculture, human environmental sciences, community development, business development and continuing education, one of our aims is to make Clark County a better place in which to live and work. We think our Annual Report indicates we are accomplishing that goal.

On behalf of all the faculty and staff of University of Missouri Extension it is an honor to extend the educational resources of the nationwide Land Grant University System to the citizens of our county. We salute the many volunteers, community leaders, extension council members, and staff who have all given of their time and talents to make this a successful year.

We hope you will take the time to learn more about educational programs that will be provided by University of Missouri Extension in Clark County in the future. Please visit us on the Web at <u>http://extension.missouri.edu/clark</u> and find more information there.

Sincerely,

Mike Scott Extension Council Chair Donna Flood Extension Council Secretary

Deanna Johnson Co-County Program Director Katie Hogan Co-County Program Director

Clark County Extension

Serving the Community

The Clark County Extension Office has assisted over 3,200 walkins this year. Individuals request information on a variety of topics, services and educational materials. In some cases, specialists in other counties are contacted to answer questions, provide assistance or handle the request in person. Specific services provided by the extension office including test proctoring; soil, hay and feed tests; pressure canner gauge testing; and plant and insect identification. Clark County Extension Office also reaches its customers through our website: www.extension.missouri.edu/clark and Facebook page: www.facebook.com/ClarkCountyExtension. These sites offer monthly newsletters, local links, upcoming programs and other valuable resources.



Supporting Continuing Education

We also provide services directly from the University of Missouri including the MU Conference Office which provides high-quality, professional, full-service meeting management for a variety of noncredit educational programs, such as conferences, workshops, seminars, and symposia. Whether a meeting is hosted on campus, in Missouri or anywhere in the world, the office's professional staff provides assistance to create the best learning environment for participants. In FY 2017, the MU Conference Office registered 12,041 Missourians for conferences on topics including: teacher education in math, science, and writing; pesticide applicator training; youth leadership programs for students with disabilities; and many other topics. Twenty-five Clark County citizens participated in seminars and workshops through the conference office this year. For more information, visit *muconf.missouri.edu*.

County Extension Council

The Clark County Extension Council Executive Committee includes Mike Scott, chairman; Michelle Ebeling, vice chairman; Donna Flood, secretary; and Joe Thomson, treasurer. Additional members of the council are Laura Babington, Dani Waterman, Kim Shuman, Kent Kirchner, Kenny Sowers, Leellen Schultz, David Hess, Wesley Parrish, and Roberta McAfee, Buddy Kattleman, Alice St. Clair, and Esther Justice. In addition to overseeing the work of the extension office, the council provides leadership for Farm/City Night, publishes and sells Plat Books to assist in financing the office and recognizes our State Fair Farm Family and the Clark County Farm Family.



Farm/City Night

The Clark County Extension Council hosted the 32nd annual Farm/City Night on February 23, 2017, at the CCR-1 Middle School in Kahoka, Missouri with over 300 people in attendance. Clark County Farm Bureau served a soup and sandwich supper and local businesses set up display booths. Century Farm designation was presented to Jeffery and Wendy Buford and to Addison and Nora O'Brien. Buddy Kattelmann and Shawn McAfee received Leaders Honor Roll for their contributions to University of Missouri Extension through their leadership and service to the community. Clark County Jazz Band provided entertainment for the evening followed by Andrew Moore, professional turkey caller. The Extension Council is grateful for the community support in the planning and preparation for Farm/City Night.



State Fair Farm Family

The Mark and Kellie Lemmon family was selected as the 2017 Clark County State Fair Farm Family. Mark and Kellie, along with son David and daughter Elizabeth were among over 100 families honored during the Missouri State Fair's 2017 Farm Family Day. Farm Family Day recognizes the outstanding contributions made by farm families to the state of Missouri and to Missouri agriculture. The event is sponsored by University of Missouri Extension, University of Missouri College of Agriculture, Food and Natural Resources, Missouri State Fair, and Missouri Farm Bureau.



Clark County Fair Family

The Dean and Kay Hess family were chosen by the Clark County University of Missouri Extension Council as recipient of the 2017 Clark County Fair Family. The Extension Council provides this award to honor families who have made major contributions through the generations to the community, 4-H, University of Missouri Extension, and the Clark County Fair.



Back-to-School Fair

The Back-to-School Fair was held August 2017 at the Kahoka Christian church in Kahoka. Katie Hogan provided information on the Clark County 4-H program, Wendy Ray provided nutrition information, and Deanna Johnson provided getting back to school information for parents. Over 50 participants in attendance received school supplies and backpacks. The extension office provided a display and discussed services available through University of Missouri Extension with all parents attending the fair.

Flagship Scholarship

Jenna Bergman of Kahoka was selected as the 2017 Clark County recipient of the University of Missouri Flagship Scholarship. The University of Missouri Flagship Scholarship is worth up to \$15,000 per year and will cover tuition and fees, as well as other educational expenses, including room, board, and books at MU. The scholarship was made possible from a donation given by Mark McAndrew and his wife Stephanie to honor the late Jack and Ladene McAndrew, Mark's parents. Recipients give back at least 20 hours per year in their communities promoting education and college attendance.



Taylor Carter Photography Exhibit

This fall, Clark County Extension hosted a photography exhibition for MU Student and Clark County graduate Taylor Carter. Taylor is the daughter of Channing Carter and Kim Tripp. Her exhibition held at the H.E. Several Memorial library featured 12 black and white images all captured in Kahoka and the Clark County Area. Taylor's exhibition was a part of the *MU Art on the Move* outreach program through the new School of Visual Studies. The exhibit was only the third of its kind and illustrates the School's commitment to bringing visual arts to counties across Missouri and the Midwest in partnership with MU Extension.



Distance Learning

Two Clark County learners completed 48 collective learning hours by completing How to Get an "A" in Retirement through online coursework with Dr. Cynthia Crawford, MU Extension Professor, Human Environmental Sciences. The course combines research and best practices from both personal financial planning and positive psychology to help people take positive steps to increase their well-being in retirement as well as in the years leading to retirement.

One hundred percent of this county's participants recommended the course to others and say it was worth their time, energy and fees. One hundred percent of participants would consider taking another Extension online course, similar to this one, on a different topic. Over 98% of participants have taken positive steps for retirement planning. Participants also identified retirement goals they are excited about and indicated that they feel less stressed about retirement. When you support retirement planning education for Missouri residents, people replace worry with action solutions-like having more adequate emergency funds and investments for retirement, which serves to reduce financial stress and increase productivity. Thus reducing the substantial cost for employers caused by financially distracted workers.

Fire and Rescue Training Institute

The Fire and Rescue Training Institute (FRTI)'s mission is to plan, develop, deliver, and administer state-of-the-art continuing professional education courses that meet the comprehensive training needs of fire and rescue personnel, which allows them to better protect lives and property within their communities. In 2017, one Clark County resident completed the MU Extension: Fire and Rescue Training Institute.



Law Enforcement Training Institute

MU Extension's Law Enforcement Training Institute (LETI) develops and provides state -of-the-art training and education programs to law enforcement officers and civilians alike. In addition to LETI's full-time faculty, experts in their fields complement the curriculum. Whether it's a prosecutor



Law Enforcement **Training Institute**

University of Missouri Extension

or an emergency medical technician, specialists provide an outside perspective and give students a comprehensive look at each specific area of study. From top to bottom, the program is designed to produce well-rounded officers who are leaders in their respective fields. Four Clark County participants completed Law Enforcement Training Institutes in 2017.

4-H Youth Development

Katie Hogan, 4-H youth educator



Community 4-H Clubs

		1		
Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
	And	Clark County serves youth through five organized clubs offering long-term educational experiences in which members learn life skills such as decision making, public speaking, and working with others. 4-H members have demonstrated learning through the following activities: • Show-Me Quality Assurance (SMQA) training– 22 participants • Achievement Night– 29 participants • Three members presenting demonstrations at the Missouri State Fair • Twenty-one exhibits at the Missouri State Fair • Two participants in the State Fashion Revue, one placing first in the Junior Clothes You Make division. • Recognition– 19 members completed recognition forms and two of those forms were recognized on the regional level	Clark County 4-H Clubs offer long-term educational experiences in which members learn life skills such as decision making, public speaking and working with others. Members learn under the guidance of adult volunteers who teach projects ranging from computer science and arts to animal science and healthy living. Clubs also involve children and teens in community service, leadership opportunities and educational trips. 4-H project work and related educational experiences help youth explore interests in citizenship, communication and leadership. Clark County members enrolled in a total of 326 project areas included: Beef Arts & Crafts Swine Woodworking Photography Sheep Meat Goats Cloverkids Horse Riding Welding	 4-H Youth are equipped with knowledge, skills, attitudes, and health for the 21st century workforce. 4-H youth are engaged in programs anchored in science (Arnold, Bourdeau, & Nott, 2013). A study from Tufts University reports that young people in "4-H far out preform their non-4-H peers" in developing the skills leadership and interest in science and science careers that drive our nation's future. In fact, 4-Hers are more likely to pursue careers related to science, engineering, and technology because they spend more time engaging in science programs (Lerner & Lerner, 2011). It is not surprising that 4-H youth are three times more likely to go into science related careers than similar peers (Lerner & Lerner, 2008). MU Extension 4-H connects 5,176 young people to University of Missouri campuses. Being on campus is a predictor of youth going onto higher education (Dalton & St. John, 2016). 4-H Youth are nearly twice as likely to go to college compared to their non 4-H peers (Lerner & Lerner, 2011). The U.S. needs young people prepared to live and work in a world that no one can imagine-jobs that do not exist, using technology that has not been invented, solving problems that have not yet been identified.

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
		 State Livestock Judging Contest- four participants, Junior Team placed 7th, two team members placed in the top ten for all participants ages eight to ten and one member placed in the top twenty of all Junior participants Seven hundred and fifty fair exhibits from eighty-nine exhibitors. Thirty-seven youth and adults participated in Club Officer Training Ten youth participating in 4-H Camp 		Youth who earn their bachelor's degree, increase annual earnings by \$2 million over their lifetime (NACUBO, 2012). If 50% of the Clark County members participating in 4-H events on the MU Campus go onto earning their Bachelors,4-H would help young people earn \$6 million more of lifetime earnings. Missouri 4-H is growing future scientists. Young people in 4-H are three times more likely to be interested in and pursue science-based careers than their non-4-H peers. Our nation needs young people prepared to live and work in a world that no one can imagine- jobs that do not yet exist, using technology that has not been invented, solving problems that have not yet been identified. In Clark County 111 4-H members were engaged in science related projects and experiences.

Community 4-H Volunteers

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
There were 59 screened and oriented adult volunteers supporting the youth in the Clark County 4-H program.	Volunteers contributed 5,900 hours to the Clark County 4-H program valued at \$142,426.	Volunteers gained knowledge in how to offer a valuable learning experience for the youth they are working with while maintaining a safe, supportive environment.	Volunteers create, support and are a vital part of the 4-H community. Dedicated volunteers help to organize club meetings, fundraisers, and events. They also provide learning opportunities for youth in their projects, teaching life skills, and instilling qualities of character like respect and responsibility in members.	Adult volunteers serve as mentors for our youth helping them transition into caring, healthy adults who contribute back to their communities, which is priceless.

4-H School Enrichment- Embryology

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
There were 236 students from 12 classrooms in Clark County.	Students participated in over 2,500 hours of learning with the "Chick It Out" program.	Students learn about the 21 day development occurring within a fertilized, incubated egg that can result in a chick. Students identify the parts of an egg and discover what each part provides for the developing chick. Students learn how to tell if an egg is raw or boiled and explore the strength of the egg's shell providing protection to the developing chicks. Students review the necessity of hand washing due to potential contamination caused by salmonella in poultry and poultry products.	Students are charged with rotating the eggs three times a day and are responsible for checking to make sure the incubator has water and is maintaining the correct 100 degree temperature. Students care for the chicks once they hatch providing feed, water, warmth, and a calm environment. Students practice proper hand washing techniques.	Students practice life skills including decision making and responsibility, helping them to develop qualities that will shape their development into adults. Students are provided with the opportunity for a practical experience that connects with the core subjects of communication arts, math, science, and health. Interest and hands on experience with science are more likely to pursue science- related careers, which are critical to our county, state, national and global economy. Students are conscious of the need to practice proper hand washing techniques to prevent the spread of illness and disease. Students learn compassion and develop an understanding of how to accept individuals with disabilities, as well as how disabilities can be compensated for.

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Human Environmental Sciences

Deanna Johnson, family financial education specialist



Matter of Balance

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
In 2017, nine Clark County learners participated in Matter of Balance Programs.	A total of 144 hours of classes were presented.	The standard evaluation concluded that as a result of the Matter of Balance program, ALL participants reported that they feel more	One hundred percent of participants reported that they had been doing the exercises they learned either at home or with the arthritis center. A program for continued exercise was set up at the	When you support MU Extension's Matter of Balance program, you help participants to increase their physical activity and improve their strength, balance and flexibility, resulting in reduced risk for
		comfortable doing the following: talking to health care providers about medication and other possible risks for falling, talking to family and friends about falling, increasing activity, continuing exercising, being more satisfied with life and would recommend this program to a friend or relative.	BA	falls, better overall health and greater independence. These health benefits decrease the likelihood of participants entering a nursing home, which cost an average of over \$51,000 per year in Missouri. It also keeps people actively, independently contributing to society longer.

Building Strong Families

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Buildin helps fa	A total of 720 hours of classes were presented.	ace challenges, and make informed choices.	Participants have reported that as a result of this program they are watching their finances and budgeting, developing healthier alternatives to dealing with stress, working on properly disciplining their children– based on their age group, building self-esteem, and taking more time to spend with their family.	When you support the Building Strong Families program, family members' relationships will improve and families will work together to support each other's needs and accomplish goals they have set. Strong families are the backbone of strong communities with lower crime rates, caring citizens, a productive workforce and strong schools where children are prepared to learn.

SkillUp

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Three Clark County learners participated in one- on-one walk in sessions in of the SkillUp program in 2017.	A total of six hours of SkillUp programming was presented.	 Learning topics from the <i>Transitions</i> curriculum included: How to properly childproof your home for the safety of small children Child Development and what developmental milestones to watch for at each stage Healthy techniques for coping with stress after having a child 	Participants stated that the workshop was a helpful tool in keeping their children safe, and reported taking steps to childproof their homes to provide a safe environment for their children.	When you support MU Extension's programing as a part of the SkillUp program, food stamp recipients ages 16- 59 learn to be a better employee and basic soft skills which will help them in getting back on their feet and out of the food stamp program as well as creating a more supporting home life for their children and higher quality employees for the community.

Financial Planning

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Five Clark County High school students participated in Financial Planning programming	Five collective programming hours	 Students learned: Different money management techniques Ways to budget their money To set financial goals they would like to achieve How to keep track of their spending 	As a result of this program, students started making smarter spending choices, working on building savings and are striving to achieve the financial goals they set.	When you support Financial Planning programming, teens have a better understanding of their finances and are able to start out on the right foot as they complete school. Young adults are the prime target for predatory lending companies and by learning more about financial planning, young adults can potentially avoid making poor financial choices which can lead to the need for government assistance, and can instead become responsible, financial contributors in the community.

Making Money Count

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Seventeen Clark County learners participated in Making Money Count sessions in 2017.	Thirty collective programming hours	 Participants learned: How to incorporate budgeting into their spending plan How to cut back on discretionary spending How to set financial goals How to track their spending to see if they are staying on track with their goals by using their spending plan worksheet 	 Evaluations from the various workshops show that this year's participants: Gained a better understanding of the steps to making an effective decision Started to acknowledge their values when planning financial goals Continued to track their spending Reduced impulsive spending habits Created an effective spending plan 	When you support MU Extension's Making Money Count program, participants learn to track their spending, which leads to increased success in reaching family financial goals. This also benefits the Clark County community by reducing the amount of time financially distressed workers spend focused on financial issues at work and can ultimately help strengthen family relationships.

Tackling the Tough Skills

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Two hundred and seventy-four Clark County learners (youth and adults) participated in sessions of Tackling the Tough Skills programming.	A total of 1,370 hours of Tackling the Tough Skills programming was presented.	 Tackling the Tough Skills addresses the topics of: Attitude Responsibility Communication Problem solving Preparing for the workplace The program is a fun, innovative and highly interactive life skills curriculum which helps hard-to-reach adults and teens succeed as well as teaching soft skills to employees in the workforce. 	Through discussion and hands -on learning experiences, learners started working together to solve problems that were given to them. They helped one another on difficult tasks as assigned and proved that teamwork requires efforts from all involved to be successful.	When you support Tackling the Tough Skills programming, participants are better able to handle themselves in difficult situations, become better employees in the workforce, and better citizens in the community. These important skills gained help in providing businesses with a high skilled workforce and helps the community to thrive.

Family Nutrition Program

Wendy Ray, nutrition program associate



Food Nutrition Program

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
University of Missouri Extension's Family Nutrition Program (FNP) reached 904 participants directly and 239 individuals indirectly with nutrition education in Clark County during 2017, a significant percentage of which were low income. FNP provides information on nutrition, food safety, and physical activity for lifelong health and fitness by working with qualifying schools, community groups, and agencies.	A total of 3,538 collection workshop hours	Nutrition Program Associates (NPA's) go into schools and other grant eligible locations and interact with community members to help them make healthier choices and build healthy habits. They see the difference the program makes in people's lives. Youth from pre-school to 8th grade learned through kid-friendly, hands-on lessons and activities. Activities included opportunities for taste-testing healthy foods and practicing skills that lead to good health. Education for adults also includes nutrition, food safety, and physical activity, as well as food resource management.	 Participants in FNP: become more aware of nutrition make healthier meal and snack choices eat breakfast more often are more willing to try new foods increase their physical activity make healthier food choices 	The Family Nutrition Program (FNP) brought \$9,681,129 in federal funds to the state of Missouri. These funds were used to provide nutrition education to 838,295 Supplemental Nutrition Assistance Program recipients and eligible citizens of Missouri. There were 3,831,270 direct educational contacts and 3,064,781 indirect educational contacts by the FNP in Missouri this year. Indirect contacts are those reached through newsletters, health fairs, food pantries, and the Show Me Nutrition help line. Of these contacts, 1,143 were Clark County residents. Those who practice healthy eating and activity behaviors are more likely to enjoy a high quality of lie as an adult and into old age. A healthy labor force is critical to attracting and keeping jobs in Missouri. In addition, this important programming effort serves to reduce healthcare costs over the participant's lifetime, saving taxpayers money in reduced public healthcare benefits and insurance premiums.



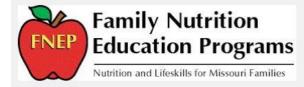




Success Stories

Family Nutrition Program Associate- Wendy Ray

- One of the food tastings that I have focused a lot on this grant year is fresh vegetables and asking students to try some different vegetables other than the typical ones –like carrots, broccoli, tomatoes, or lettuce. I was able to get turnips at my local grocery store for a vegetable tasting at Running Fox, so I cut the turnips into stick shapes for tasting and asked the students to guess what they were eating. Most of the kids did not know, but thought they tasted good!
- I have always enjoyed going over to the Wyaconda Community Learning Center and providing nutrition lessons for them. This year I have decided to do the garden curriculum with them. On my first day, I explained that we would be planting the garden that they had there at the center and grow some vegetables. One of the kids did not think that was going to be very fun. At the end of the lesson, I did a food tasting with spinach, kale, and lettuce. After telling the kids that we could grow some of the same things they tasted, the one that didn't think it was going to be fun became very excited about it.



Nutrition and Health Education

Margo Myers, nutrition and health education specialist



Diabetes Self-Management

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Ten Clark County residents participated in the Diabetes Self- Management Program.	A total of 150 hours of classes were presented.	Clark County residents who participated in Diabetes Self- Management were provided information on maintaining quality of life when faced with a chronic medical condition such as diabetes. More specifically, topics covered included: guidelines for a healthy eating plan, menu planning, dealing with stress, hypoglycemia, preventing or delaying complications, physical activity and exercise, positive thinking, and communication skills.	During the course, participants make weekly action plans, share experiences and help each other solve problems they encounter in creating and carrying out their self- management program. Beyond the program, participants will take the knowledge gained in this course and apply it in their daily activities for an enhanced quality of life. The Diabetes Self-Management Program provides participants with the necessary tools such as healthy eating guidelines, physical activity recommendations, and communication skills to effectively manage their diabetes, or the chronic disease of a loved one.	By supporting the University of Missouri Extension's Diabetes Self-Management Program, Clark County citizens receive high-quality health education information that is unbiased and research-based. Participants of the Diabetes Self-Management Program are better able to effectively manage a chronic disease, maintain active, fulfilling lives with the tools and skills acquired from the class, and do so with increased confidence and independence.

Human Development

Sherry Nelson, human development and family science specialist



Community Health Assistance Resource Team Teen Taskforce: Pregnancy Prevention

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Fifty-one students participated in using the Real Care Infant Simulators (RCIS).	With most students caring for the infant simulators for two days, a total instruction time of 102 days occurred.	 After using the RCIS, students had a significant increase in understanding including: Caring for an infant was more difficult than they had thought. Infants required more care than they thought. They found they became more easily upset with the infant than they had thought. Caring for the RCIS had more effect on their school participation. Caring for the RCIS had more effect on their time with friends and activities than they had thought. 	 96 percent of students found value for themselves by participating in this project. 97 percent of students thought peers would find value in participating in this project. 85 percent of students indicated they would be likely to wait to have a baby until after high school graduation. 86 percent of students indicated they would be likely to wait to have a baby until after graduating from college or career training. 	The Clark County teen pregnancy ratio is 21.0 per 1,000 teens. This is a drop from 61 per 1,000 in 1998. The reduction of ten births to teenagers creates a cost savings of \$232,630 in social and health costs in Clark County.

Focus on Kids

County Learners Col	Total Hours of	What Did They Learn?	What Action Did They Take?	How Does This Work Make
-			What Aotion Dia They Take.	
Par	Ilective Workshop			Clark County and Missouri
	rticipation in 2017			Better?
A total of five A c divorcing parents hou	rticipation in 2017 collective total of 13 urs of learning curred.	 Information presented in the workshop is critical for divorcing parents for successful co-parenting during and after the divorce. Participants learn: how sustained supportive involvement by both parents is important to children the developmental needs of children and adolescents and common reactions to divorce specific behaviors that are helpful in a co-parenting situation and behaviors to avoid community resources available to help On a scale of 1-5 with 5 being strongly agree: Participants gave a rating of 4.65 that the program offered helpful suggestions to support their child's relationship with the other parent. Participants gave a 4.25 rating that the program should be required of all divorcing or separating parents. The overall program was rated 4.4, indicating it was worthwhile and they would recommend to others. 		Better? Supporting MU Extension's Focus on Kids programming benefits other community members, in addition to the participants themselves, by reducing the need for community health service for children. Success in school, lower delinquency, delayed sexual activity, and reduced drug experimentation have been found in children who have two involved parents– even divorced– co-parenting the children. This is not only important for the success of children, it also leads to reductions in the cost of education, special services, and in the juvenile and adult legal system for Clark County and Missouri.

Agriculture

Agricultural Business

Joe Koenen, Davis Reinbott, Mary Sobba, and Wesley Tucker, Agriculture Business specialists



MU Ag Business Income Tax Schools

Number of Clark	Total Hours of	What Did They Learn?	What Action Did They Take?	How Does This Work Make
County Learners	Collective Workshop Participation in 2017			Clark County and Missouri Better?
A total of 382 tax preparers and attorneys from 93 Missouri counties, plus Illinois, Kansas and Tennessee participated. Two of these participants were from Clark County.	A collective 3,056 hours of instruction was presented. Sixteen of those hours are attributed to Clark County.	 Topics for the tax schools included: new tax legislation rulings and cases individual taxpayer issues affordable care act IRS rules and regulations business issues retirement issues cybersecurity ethics agricultural topics 96 percent said they were more knowledgeable about the tax provisions and how they affected their clients. 97 percent said prepared to assist clients by understanding loss limitations. 95 percent are better prepared to help clients reach their business/ personal financial goals. All participants received the National Income Tax Workbook 2017 published by the Land Grant University Tax Education Foundation, Inc. 	Tax preparers will help their clients use to the information to follow the rules and help their businesses. Ninety-six percent will help clients reduce their total tax liability by understanding new cases. Ninety-six percent plan to modify/make changes (ex. confidentiality) by understanding ethics better. Tax preparers will also adopt practices to make sure client data is kept safe and confidential.	The participants attending tax schools during 2017 prepared more than 37,000 tax returns of Missouri businesses and individuals. As the preparers gain more knowledge, they will help their clients by understanding consequences of decisions, new rules and regulations and reduce tax liability, which gives them more dollars to spend in local communities.



Farm	Lease	Program
	LCUSC	riogram

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Six Clark County Learners participating in farm lease programming	A total of 18 hours	Attendees learned the value of good communication and how it can make for a better farm lease. Topics covered were: • current farmland rental rates and future rental rate trends • specific items to include in a farm lease • how to legally terminate a farm lease in Missouri • recreational/ hunting leases • crop and livestock arrangements	 As a result of taking the class: 95% of attendees would recommend this program to others 96% of attendees understand now that a lease is a legal, binding contract 90% of attendees know where to go for more information or assistance with their farm lease 50% plan to communicate their lease provisions to their heirs (spouse, children) 	Participants gain insight from both the landowner and tenant perspective, cumulating in leases that are economically beneficial for both parties. This promotes optimal land use leading to more sustainable profitability. It encourages better landlord-tenant communication which lowers conflict and can help avoid costly legal fees.

Darla Campbell, Karisha Devlin, Joe Koenen and Mary Sobba, Agriculture Business specialists



Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?	
A total of 91 lenders attended from 24 Missouri counties, plus Illinois at the Agricultural Lenders' Seminar at Kirksville, Hannibal and Mexico locations. Four of these lenders were from Clark County institutions.	A total of over 500 hours was calculated for all participants. This amounts to 22 hours for Clark County participants.	 Topics for the seminars held at Kirksville, Hannibal. and Mexico were: Macro Economics Land Values and Rental Rates Crop & Livestock Outlook update on taxes marketing opportunities the Affordable Care Act. Lenders received the 2018 Missouri Farm Financial Outlook book, which included budgets for all major crop and livestock enterprises in the state. 	Lenders will help their agricultural customers use the information and tools obtained at the seminars. Specific tools/ actions include using: • Budgets • Crop & Livestock Outlook • Rental Rates and Land Values Tax and Health Insurance information under the Affordable Care Act, and Marketing tools.	The lenders in attendance manage 5,515 loans totaling \$1,523,160,000 (response from 70 of the 91 lenders). By attending University of Missouri's Agricultural Lenders' seminars, lenders are able to help their clients make better decisions based on risk management tools, budgets, and other resources provided. This benefits their portfolio of producers and landowners by an increased understanding of enterprise budgets and cash flow affecting families' and businesses' financial health. This is especially important with the downturn in the agricultural economy as both crop and livestock producers expect lower incomes, continued high input costs, challenging marketing decisions, and uncertainty with the upcoming Farm Bill.	

Agricultural Lenders' Seminar





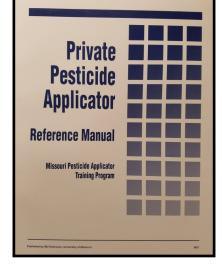
Agronomy

Wyatt Miller, agronomy specialist



Agronomy Education

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
 Over 105 Clark County participants that include: Farmers Soil test customers Private Pesticide Applicator Training participants Plant and insect identification and diagnosis customers Telephone and email questions/ requests for publications 	A total of over 205 hours of learning by Clark County participants.	 Evaluation of the various programs shows that participants learned: Accurate identification of crop diseases, insects, and weeds and their respective control strategies. Soil fertility management to increase fertilizer efficiency and protect the environment while maximizing yields Pesticide application laws and best practices to safely and effectively apply pesticides deemed by the US EPA as restricted use in order to increase efficiency, reduce human health risks, and improve drinking water quality and wildlife habitat 	 Participants in agronomy education: Used the safest and most efficient method to control the pest identified Managed fertilizer applications to row crop fields to maximize return per acre while minimizing loss of fertilizer to the environment Applied restricted use pesticides using techniques and equipment that minimize human health risks and negative environmental impacts while providing effective pest control 	Implementing crop management techniques that increase yield stability and overall yields directly results in higher profits for local producers. Like Missouri, Clark County's economy is heavily dependent on agriculture. By utilizing research proven best practices on their farms, citizens of Clark County improve their local economy. Regardless of whether research proven best practices are used to produce forage for a nearby herd or corn and soybeans marketed globally, there are clear benefits to increasing efficiency, productivity, and safety. Current and future generations benefit when research proven best practices are used and result in improved productivity and reduced negative environmental impacts.





SOIL SAMPLE

Livestock

Zac Erwin, livestock specialist



Missouri Livestock Symposium

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Twenty-seven Clark County residents attended the Missouri Livestock Symposium in 2017.	A total of 3,425 hours of collective participation was reported by all participants.	The Missouri Livestock Symposium is an annual educational program and trade show that attracts participants from throughout Missouri and beyond. It is recognized nationally as an outstanding program that targets agricultural producers and landowners. Curricula includes workshops led by nationally-known speakers in the areas of horses, beef, sheep, stock dogs, meat goats, forages, around the home, small poultry production and farm continuation planning. Comments: • "Interesting speakers and able to reach a group that without the Symposium we would not be able to meet." • "Great event highlighting livestock production and ag."	 Based on post-session (retrospective) evaluations: 82 percent of participating producers indicated that they had an increased level of understanding on the principles provided in the sections of beef cattle, horse, sheep, meat goats, forages and stock dogs. On average, 87.5 percent of responding participants indicated they will adopt technologies presented in their respective sessions. 	Public funding helps support the Missouri Livestock Symposium with objectives to provide educational opportunities for livestock producers and landowners representing all species of livestock, forages, and renewable resources and to promote the adoption of best management practices that are economically and environmentally beneficial. The producer benefits from this program by being better able to manage their livestock and their financial resources. Financially successful producers provide a basis for successful communities. Missourians benefit by keeping farm and ranch families in rural communities and improved natural resource stewardship.
			0 3	



Horticulture

Jennifer Schutter, horticulture specialist



Master Gardeners

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
One Clark County Learner participated in the Master Gardener program in 2017.	A total of 51 hours of learning, including: • 7 continuing education hours • 44 service hours, which has a value of \$1,062.16 (using the 2016 value of volunteer time of \$24.14 from the Independent Sector.)	 Master Gardeners continually learn about: vegetable production Plant selection for landscapes Plant diseases and disorders Insect and weed identification and control Integrated pest management strategies 	 The Clark County Master Gardener was engaged in several horticulture projects in the county including: Judging horticulture, floriculture and field crop projects for youth at the Clark County Fair Writing gardening articles for the newspaper Researching garden topics and consulting others on various garden questions Weeding, planting, watering and caring for plants in the city square flower beds Working on an abandoned city bed and revitalizing it into a thriving flower bed. 	When you support MU Extension's Master Gardener program public awareness of unbiased, research based gardening information is promoted and increased. Local Master Gardeners assist in the community through beautification projects and by helping to disseminate research -based information to the gardening public.





Home Horticulture

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Ten Clark County residents made Home Horticulture inquiries. Twenty-five Clark County residents receive <i>Garden</i> <i>Talk</i> , horticulture newsletter each month.		Citizens of Clark County requested various information on plants during the year. Members of the Clark County Garden Club also requested horticulture information on different topics. <i>Garden Talk</i> informs readers of timely gardening tips and other important gardening information. The newsletter also lists upcoming horticulture events and activities.	Citizens use the information they receive to make better gardening decisions about plants, plant placement, soils and integrated pest management.	<text><text><section-header><text><text><list-item><section-header><section-header><section-header><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text></text></text></text></text></text></text></text></text></text></text></text></text></text></text></text></section-header></section-header></section-header></list-item></text></text></section-header></text></text>

Grow Native Workshop

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Four Clark County residents attended the Grow Native workshop held in Kirksville in early April.	A collective of 24 total hours of workshop participation is calculated for all Clark County participants.	 Participants learned about: native plant selection attracting bees and beneficials to the landscape how to landscape with natives 	Citizens use the information they receive to make better gardening decisions about plants, plant placement, soils and integrated pest management.	By supporting MU Extension's Home Horticulture program, citizens receive high quality information that is unbiased and research-based.
THE REPORT		 establishing native habitat on small acreages culture and maintenance of native plants 		

Business Development

Charles Holland, business development specialist

Business Counseling & Training



Business Counseling & Training				
Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
One Clark County Client/Business counseling.	Statewide: • 633 trainings with 10,685 total participants and 1,876 collective hours of workshop training • 3,458 Clients counseled with a collective total of 25,110 hours of business counseling completed in 2017. • Missou Small Bus & Techn Develo	siness	Statewide SBTC's impacts include: • \$91,002,145 in loans and equity • \$478,772,408 in increased sales • 3,106 jobs created • 198 new businesses created • \$403,359,341 in PTAC Awards	As entrepreneurs and innovators, Missouri's Small Businesses are becoming a more diverse group that continues to make the state's economy productive. There are approximately 500,000 small businesses in Missouri. Nearly 98 percent of all businesses with employees are categorized as small businesses. In assisting owners and managers of those businesses, MU Extension contributes to a county's economic development through growth in jobs, sales, innovation, technology development, and commercialization. Training and businesses counseling result in businesses making better financial and management decisions leading to stronger businesses and a stable businesses community. The Procurement Technical Assistance Centers assist businesses— including small, disadvantages and women owned firms in obtaining federal, state and local government contracts. MO PTAC specialists have years of experience helping identify opportunities and understanding the contracting process so small businesses can take advantage of government sales dollars.

Community Development

Chris Kempke, community development specialist

Rivers Confluence Stronger Economies Together (SET)



Number of Clark	Total Hours of	What Did They Learn?	What Action Did They Take?	How Does This Work Make
County Learners	Collective Workshop		What Action Dig they take?	Clark County and Missouri
	Participation in 2017			Better?
Two Clark County learners participated.	A total of eight collective workshop hours were completed in 2017.	Along with representatives from Lee and Hancock Counties, Clark County participants learned about regional workforce development, along with regional economic and recreational development. Participants learned how to put lessons from previous SET planning sessions to action.	Participants worked with regional partners to higher an AmeriCorps Vista Volunteer to work on educating employers and employees on workforce development issues such as recruitment and training. The AmeriCorps Vista Volunteer will serve the region for the whole year.	The Stronger Economies Together, or SET, is a program though USDA, Regional Rural Development Centers and land -grant universities that is designed to strengthen the Capacity of Communities/ counties in rural America to work together in developing and implementing an economic development blueprint that strategically builds on current and emerging economic strengths of their region. The SET program is a long, multi-year effort but still produces more imminent
		sna L bastaral - historic Drawy Brad 2 - Education + training - Education + training - Mack of rebails - Maillishek Versdickion - Sales - Sales -		 impacts. The plan developed in Clark, Lee, and Hancock Counties (known as the Rivers Confluence) focused on 4 goals: Develop a comprehensive outreach program that leverages the strength of community organizations to increase collaboration and partnerships by 2018. Increase the number of Stage 2 Businesses in the
				 Region by five percent to 495 by 2021. Increase the number of Confluence Regional full- time positions filled with regional workforce by ten percent by 2021. Provide infrastructure that increases connectivity and facilitates the expansion of existing businesses.

Data for Decision Makers

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Four Clark County learners participated.	A total of eight collective workshop hours	Participants were presented a demographic and economic profile of the county in the form of maps, graphs and charts, participants learned their county's population change, age, vital statistics, migration patterns, educational attainment, household makeup, and community housing stock makeup. Participants were also given instruction on how different policies and current events would affect a county with their economic profile.	Elected officials and community leaders involved in the workshop will use what they learned to make more informed policy decisions, whether it's within the government, nonprofit, or private sectors.	When elected officials and local leaders use data to make more informed policy decisions resulting in better outcomes for the whole community. More informed decision making at the local level creates positive impacts beyond a single community. Collectively, the positive outcomes from informed decision making over time and from many different communities improves the economy and quality of life throughout the state.

Third Class County Budget Trend Analysis Tool

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Four Clark County learners participated.	A total of seven collective workshop hours	Participants learned how to use the Third Class County Budget Trend Analysis Tool to analyze long-term budget trends and trajectories of factors such as tax revenues, county expenditures, and budget allocations. Participants also learned how the tool could be used to evaluate other counties similar to theirs. Additionally, participants were instructed on how to use the Tool to analyze the effects of policy change and historical events.	Participants (Commissioners and County Clerks) now have an easy to use tool to help them plan their future county budgets.	The Third Class County Budget Trend Analysis Tool provides county officials with knowledge they can use for more effective county budget creation. They can make more informed budget decisions, as well as have a better understanding of the effects policy changes and fluctuations in the economy have on the county's bottom line. When counties have to tools to create more financial sustainability, it positively affects all aspects of Missourians' lives.

Multi-Disciplinary

Darla Campbell, agriculture business specialist

Chris Kempke, community development specialist



Health Insurance Education Initiative

Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Eleven participants attended the court- mandated class held in Kahoka in early December.	A collective of 11 workshop hours	 Participants learned about: the Missouri Marketplace their health insurance coverage options financial assistance through tax credits and cost sharing resources to assist with enrolling in health plans through the marketplace. 	Attendees gathered the necessary resources required to apply to the marketplace. Participants set up appointments with navigators or certified application counselors to go through the marketplace. Participants compared insurance plans via the marketplace. Attendees avoided penalties and were able to sign up for health insurance coverage.	By participating in University of Missouri's Health Insurance Education Initiative, Missourians will be able to clearly understand their health care options, get health insurance coverage, utilize premium tax credits, avoid penalties and comply with the law.

Joe Koenen and Darla Campbell, agriculture business specialists Chris Kempke, community development specialist

Public Board Training



Number of Clark County Learners	Total Hours of Collective Workshop Participation in 2017	What Did They Learn?	What Action Did They Take?	How Does This Work Make Clark County and Missouri Better?
Three Clark County residents participated in the training	A total of 18 hours of learning was presented in two, three-hour evening sessions.	 Participants learned about: the Missouri Sunshine Law and how it impacts public boards resources MU Extension has for boards and how to access them how to make board meetings run more efficiently the importance of written board policies and procedures the fiscal responsibilities of board members 	 As a result of this training: 93 percent of participants would recommend this program to others. 78 percent will adopt or amend their board policies and procedures. 67 percent plan to utilize printed materials from MU Extension related to public boards. 	Participants not only consider this training very useful they also see MU Extension as a resource for their governmental questions. This helps them make better decisions as board members and gives their constituents more confidence in their government. This helps Missouri by creating more effective leaders.









Clark County University of Missouri Extension Council

<u>OFFICERS</u>

Mike Scott	chair
Michelle Ebeling	vice chair
Donna Flood	secretary
Joe Thompson	treasurer
ELECTED MEMB	<u>ERS</u>
Laura Babington	District 1
Kim Shuman	District 1
Dani Waterman	District 2
Alice St. Clair	District 2
Leellen Schultz	District 3
Kenny Sowers	District 4
Roberta McAfee	District 4
Kent Kirchner	District 5
Esther Justice	District 6
APPOINTED MEN	<u>IBERS</u>
David Hess	MFA Co-op
Wesley Parrish	Farm Bureau
Buddy Kattelman	County Cour

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n Co	unty Court	Shari Pretz	NE Administrative Associate	573-882-4554	pretzs@missouri.edu

Clark County University of Missouri Extension Council meets the 3rd Thursday of each month in the Extension downstairs conference room of the Clark County Courthouse 111 East Court Street, Kahoka. Meetings are open to the public. Council elections are held each January. Members are elected to a 2-year term and may serve two successive terms. If you are interested in running for the Clark County Council, please contact the county MU Extension Office at 660-727-3339 for more information.

State and federal funds provide salaries and benefits for University Extension staff and cover expenses for orientation, equipment, and in-service education.

Clark County Commission appropriations fund costs related to the secretarial position and daily operations of the county MU Extension center. We thank them for their support. Buddy Kattelman: Presiding Commissioner

> Gary Webster: Western Commissioner Henry Dienst: Eastern Commissioner

University of Missouri Extension provides equal opportunity to all participants in extension programs and activities, and for all employees and applicants for employment on the basis of their demonstrated ability and competence without discrimination on the basis of their race, color, religion, national origin, sex, sexual orientation, gender identity, age, genetics information, disability or status as a protected veteran.

University of Missouri

Clark County Extension Council

ANNUAL FINANCIAL REPORT FOR 2017

REVENUES		
County Appropriations	\$30,000.00	
TOTAL REVENUE	\$30,000.00	
EXPENSES		
Salaries	\$15,861.91	
Payroll Expenses	4,162.70	
Travel	4,200.00	
Communication	2,549.02	
Supplies & Services	1,440.75	
Maintenance	1,785.62	
TOTAL EXPENSES \$30,000.0		
UNIVERSITY OF MISSOURI		

Live. And Learn.